

# CREATING A LIFE YOU LOVE LIVING

Beginning January 14, 2021

How many of us truly understand that the Life we want to live is in our hands?

Understanding the system, the rules of Life, is fundamental.

Gathering and maintaining momentum is the secret key.

## MAINTAINING MOMENTUM

A few rare individuals are fantastic at keeping moving in the direction of creating a life that they love living. Most of us find the company of like-minded fellow travellers not only helpful but natural and enjoyable (sometimes challenging too)...somehow it feels as if that is the way it's meant to be...  
tribe...community.



## WHAT IT LOOKS LIKE

10 weeks - 1 hour per week  
Go Deeper, Get Clearer,  
Keep Moving Forward...together

### Group of maximum 10

Caroline Ward will artfully hold and guide a group gathering as each one shapes, sculpts and navigates their way forward - in the company of other amazing women - to a life they adore living.

### What does that mean?

This will be a practice group, where the members are testing the principles in their lives, backing themselves and supporting each other as each unfolds into her best, most beautiful and powerful self.

Each session will have content input that supports the learning of these principles. Each session will ensure space for the group to share, learn and flourish together.

## Included

### The Gathering

**Same time and place for 10 weeks**

Of course everyone has scheduling challenges from time to time. But being part of this group would invite you to be as present as is humanly possible for all 10 weeks. The presence of each one of us can't be underestimated. Recordings will be made available.



### Personal Coaching Conversation

**1 x 40 minute to be booked within the first 6 weeks**

Whilst a gathering format is profoundly powerful to share and help hold the journey, it is also great to have a one-on-one session along the way that is totally dedicated to you and your dreams.

### Daily Meditations

These become a cornerstone of life. Our daily meditations are very doable at around 10 minutes. You'll end up with favourites and no doubt repeat those again and again.

# CAROLINE WARD

Holding the Space for Deep Change,  
Spacious Thinking and Joyful Living

## INVESTMENT IN YOU

		Value	
Personal Coaching	1 x 40 mins session	290	
Gathering Membership	1 hour per week x 10 weeks	1000	
Daily Meditations	5 days a week for 10 weeks	100	
Private Facebook Group Membership			
	Regular Price Total	\$1390	
EXTRA SPECIAL PRICE - 1 payment or		\$549	
Until 3 January 2021	3 x \$200 (monthly)	\$600	
After 4 January 2021		1 payment or	\$699
	3 x \$260 (monthly)	\$780	